

# THE NEWBORN 50 CHECKLIST

Your Ultimate Baby Essentials List by OrangeParenting.com

## SLEEPING & NURSERY

- |  |  |
|--|--|
| <input type="checkbox"/> Moses Basket / Bedside Crib | <input type="checkbox"/> Swaddle Blankets    |
| <input type="checkbox"/> New, Firm Mattress          | <input type="checkbox"/> Room Thermometer    |
| <input type="checkbox"/> Waterproof Protectors (x3)  | <input type="checkbox"/> White Noise Machine |
| <input type="checkbox"/> Fitted Sheets (x4)          | <input type="checkbox"/> Baby Monitor        |
| <input type="checkbox"/> Sleeping Bags (TOG rated)   |  |

## CLOTHING ESSENTIALS

- |   |  |
|---|--|
| <input type="checkbox"/> 8x Long-Sleeved Sleepsuits | <input type="checkbox"/> 1x Sun Hat            |
| <input type="checkbox"/> 8x Bodysuits / Vests       | <input type="checkbox"/> Scratch Mittens       |
| <input type="checkbox"/> 2x Cotton Cardigans        | <input type="checkbox"/> Pramsuit (for winter) |
| <input type="checkbox"/> 6x Pairs of Socks          | <input type="checkbox"/> Non-Bio Detergent     |
| <input type="checkbox"/> 1x Cotton Beanie Hat       | <input type="checkbox"/> Small Clothes Hangers |

## FEEDING & MUSLINS

- |   |   |
|---|---|
| <input type="checkbox"/> 12x Muslin Squares   | <input type="checkbox"/> Steriliser           |
| <input type="checkbox"/> Nursing Bras (x3)    | <input type="checkbox"/> Bottle & Teat Brush  |
| <input type="checkbox"/> Lanolin Nipple Cream | <input type="checkbox"/> Insulated Bottle Bag |
| <input type="checkbox"/> Nursing Pads         | <input type="checkbox"/> Nursing Pillow       |
| <input type="checkbox"/> 6-8x Feeding Bottles |   |

## NAPPY CHANGING

- |   |  |
|---|--|
| <input type="checkbox"/> Wedge Changing Mat   | <input type="checkbox"/> Nappy Disposal Bin    |
| <input type="checkbox"/> Nappies (Size 1)     | <input type="checkbox"/> Portable Diaper Caddy |
| <input type="checkbox"/> Fragrance-Free Wipes | <input type="checkbox"/> Scented Nappy Bags    |
| <input type="checkbox"/> Barrier / Rash Cream | <input type="checkbox"/> Hand Sanitizer        |

## HEALTH & BATHING

- |  |   |
|--|---|
| <input type="checkbox"/> Baby Bath / Sink Insert | <input type="checkbox"/> Soft-Bristle Brush   |
| <input type="checkbox"/> 2x Hooded Towels        | <input type="checkbox"/> Infant Paracetamol   |
| <input type="checkbox"/> Digital Thermometer     | <input type="checkbox"/> Soft Washcloths      |
| <input type="checkbox"/> Nasal Aspirator         | <input type="checkbox"/> Cradle Cap Treatment |
| <input type="checkbox"/> Baby Nail Scissors/File |   |

## OUT & ABOUT

- i-Size Car Seat
- Pram / Travel System
- Changing Bag / Backpack
- Baby Carrier / Wrap
- Stroller Rain Cover

*\*Safety Tip: Always buy mattresses and car seats brand new for maximum safety.*